

Memorial Yu Jacob: Session: 1: COACH evaluation sheet for TEAM: KST

Coachinfo: Warming up from: 18:00 untill 18:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Verrijken Valerie HEADCOACH

Coaches: Michielsens Noor

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 400M FREESTYLE MEN 11-14							Heat:1, starttime: 19:21	
Heat: 1/2 Lane : 1 Athlete: VANDERHALLEN JISSE							Q-time: 07:29:46	
PB (25m pool): 07:37.87 Antwerpen 12/10/2025				PB (50m pool): 07:29.46SB: 07:37.87 Antwerpen 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:45.31		01:42.36		02:41.89		03:42.30
	00:45.31		00:57.05		00:59.53		01:00.41	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		04:42.67		05:40.59		06:41.49		07:37.87
	01:00.37		00:57.92		01:00.90		00:56.38	
								

Coach feedback:

Event number: 2: 400M FREESTYLE MEN 11-14							Heat:1, starttime: 19:21	
Heat: 1/2 Lane : 2 Athlete: BANCIU ADAM							Q-time: 06:52:71	
PB (25m pool): 06:52.71 Arendonk 30/11/2025				PB (50m pool): no time SB: 06:52.71 Arendonk 30/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:33.29		no time		03:19.04
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:52.71
								

Coach feedback:

Event number: 2: 400M FREESTYLE MEN 11-14							Heat:1, starttime: 19:21	
Heat: 1/2 Lane : 4 Athlete: REYMEN RHUNE							Q-time: 06:13:53	
PB (25m pool): 06:13.53 Herentals 04/10/2025				PB (50m pool): 06:40.68SB: 06:13.53 Herentals 04/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:40.58		01:27.69		02:16.61		03:04.77
	00:40.58		00:47.11		00:48.92		00:48.16	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:52.90		04:41.71		05:29.44		06:13.53
	00:48.13		00:48.81		00:47.73		00:44.09	
				E-jury: 2026-03-31 time: 12:27:06pm: Page: 1 / 4				

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Event number: 2: 400M FREESTYLE MEN 11-14							Heat:2, starttime: 19:29	
Heat: 2/2 Lane : 2 Athlete: LEYSEN BENJAMIN							Q-time: 05:09:40	
PB (25m pool): 05:09.40 Herentals 04/10/2025			PB (50m pool): 05:18.86 SB: 05:09.40 Herentals 04/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.46		01:11.59		01:50.68		02:30.45
	00:33.46		00:38.13		00:39.09		00:39.77	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:10.78		03:52.15		04:32.55		05:09.40
	00:40.33		00:41.37		00:40.40		00:36.85	
								

Coach feedback:

Event number: 2: 400M FREESTYLE MEN 11-14							Heat:2, starttime: 19:29	
Heat: 2/2 Lane : 5 Athlete: STABEL JONATHAN							Q-time: 05:40:91	
PB (25m pool): 05:40.91 Herentals 04/10/2025				PB (50m pool): 06:10.78 SB: 05:40.91 Herentals 04/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:37.67		01:21.28		02:05.12		02:49.20
	00:37.67		00:43.61		00:43.84		00:44.08	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:33.39		04:17.63		05:01.66		05:40.91
	00:44.19		00:44.24		00:44.03		00:39.25	
								

Coach feedback:

Event number: 4: 1500M FREESTYLE MEN 11+							Heat:2, starttime: 20:41	
Heat: 2/2 Lane : 5 Athlete: LEYSEN JEROEN							Q-time: 20:35:99	
PB (25m pool): 20:35.99 2370 Arendonk 21/12/2025				PB (50m pool): 22:01.92 SB: 20:35.99 2370 Arendonk 21/12/2025				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:15.24	no time	02:38.20	no time	no time	no time	05:27.71
	no time							
	...	...	...	...	...	...	...	...
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	11:05.33
	...	...	...	...	...	...	...	...
	8 5 0 M	9 0 0 M	9 5 0 M	1 0 0 0 M	1 0 5 0 M	1 1 0 0 M	1 1 5 0 M	1 2 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	...	...	...	...	...	...	...	...
	1 3 5 0 M	1 4 0 0 M	1 4 5 0 M	1 5 0 0 M				
	no time	no time	no time	20:35.99				



zwemfed

no time

no time

1

E-jury: 2026-03-31

time: 12:27:06pm

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zwemfed

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E-jury: 2026-03-31 time: 12:27:06pm Page: 2 / 4

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Event number: 6: 200M MEDLEY MEN 11-14							Heat:1, starttime: 21:13	
Heat: 1/2 Lane : 2 Athlete: BANCIU ADAM							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 6: 200M MEDLEY MEN 11-14							Heat:1, starttime: 21:13	
Heat: 1/2 Lane : 3 Athlete: VANDERHALLEN JISSE							Q-time: 03:35:40	
PB (25m pool): 03:19.16 Parklaan 58, Turnhout 29/03/2026			PB (50m pool): no time SB: 03:19.16 Parklaan 58, Turnhout 29/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.47		no time		no time		03:19.16
	00:46.47							
								

Coach feedback:

Event number: 6: 200M MEDLEY MEN 11-14							Heat:1, starttime: 21:13	
Heat: 1/2 Lane : 4 Athlete: SAZONOV VICTOR							Q-time: 99:99:99	
PB (25m pool): 03:26.75 Parklaan 58, Turnhout 29/03/2026			PB (50m pool): no time SB: 03:26.75 Parklaan 58, Turnhout 29/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.85		no time		no time		03:26.75
	00:50.85							
								

Coach feedback:

Event number: 6: 200M MEDLEY MEN 11-14							Heat:2, starttime: 21:17	
Heat: 2/2 Lane : 2 Athlete: LEYSEN BENJAMIN							Q-time: 02:50:35	
PB (25m pool): 02:46.99 Parklaan 58, Turnhout 29/03/2026				PB (50m pool): 02:47.16SB: 02:46.99 Parklaan 58, Turnhout 29/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.77		no time		no time		02:46.99
	00:36.77							
								

Coach feedback:

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Event number: 6: 200M MEDLEY MEN 11-14							Heat:2, starttime: 21:17	
Heat: 2/2 Lane : 5 Athlete: REYMEN RHUNE							Q-time: 02:56:03	
PB (25m pool): 02:52.91 Parklaan 58, Turnhout 29/03/2026							PB (50m pool): 03:00.47 SB: 02:52.91 Parklaan 58, Turnhout 29/03/2026	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.38		no time		no time		02:52.91
	00:38.38							
								

Coach feedback: